

Welcome to the Big Spring Senior Center

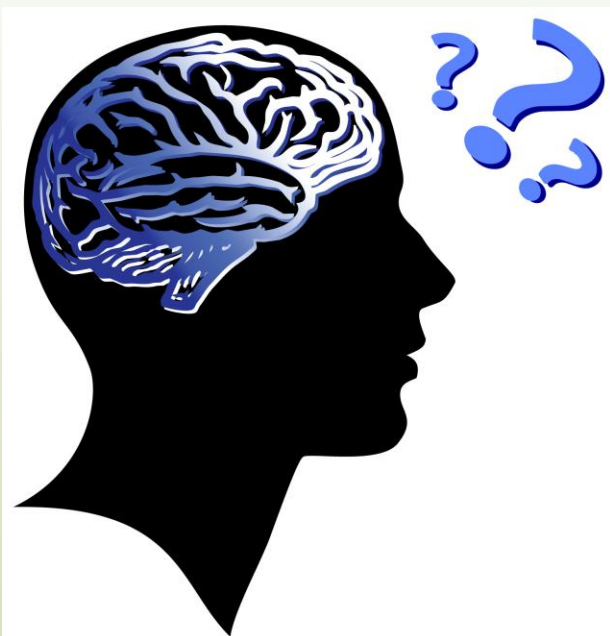
Open Monday thru Friday: 7:00 AM to 3:00 PM

Monthly Health Focus

April 18th

11:30 AM - 11:45 AM

4 Types of Foods to Help Boost
Your Memory



Calendar of Events

Daytime Activities:

Dominoes, puzzles, and a light library.

Tuesday & Thursday:

Bingo.....Following lunch

Friday:

Dances.....April 5th & April 19th

Caregivers Support Group

April 9th at
10:30 AM



Sponsored by:
Area Agency on Aging of the
Permian Basin

AARP Tax Service

April 1st will be the last Monday 8:00 AM – 12:00 PM

Monthly menus are now available on channel 17. You can also check them out by logging on to www.mybigspring.com